

STATE OF MAINE  
DIRIGO HEALTH AGENCY

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6 RE: DETERMINATION OF )  
7 AGGREGATE MEASURABLE ) PRE-FILED TESTIMONY OF  
8 COST SAVINGS FOR THE FOURTH ) STEVEN P. SCHRAMM  
9 ASSESSMENT YEAR (2009) )  
10 )  
11 )  
12 )  
13 )

14 Q: Please state your name, company, and primary business location.

15 A: My name is Steven P. Schramm. I am a Managing Director for  
16 **schramm=raleigh Health Strategy (srHS)**. My office is located at 7740  
17 East Gelding, Suite 2, Scottsdale, Arizona, 85260.

18  
19 Q: Please describe your educational and professional background.

20 A: My educational and professional background is set forth in my curriculum  
21 vitae (CV) (DHA Exhibit 1 – Schramm CV). **srHS** is a consulting firm  
22 dedicated to helping publicly-sponsored health and welfare programs  
23 determine and implement strategies to become more efficient purchasers  
24 of health care services. I have been involved in the design, development,  
25 implementation, and evaluation of major statewide health care reform  
26 initiatives in the states of Arizona, Connecticut, Kansas, Kentucky,  
27 Louisiana, Massachusetts, Missouri, New Jersey, New Mexico,  
28 Pennsylvania, Tennessee, and here in Maine.  
29

30 Q: Please describe generally the work **srHS** did on behalf of the Dirigo Health  
31 Agency (DHA).

32 A: We worked with the DHA to determine the initiatives to include in the Year  
33 4 Aggregate Measurable Cost Savings (AMCS) report. We then  
34 developed methodologies and calculated savings amounts for each of the  
35 included initiatives. This process, the methodologies, and calculations are  
36 described in the **srHS** Year 4 AMCS report, which is DHA Exhibit 2 – Year  
37 4 AMCS Report.

38

39 Q: Have you also provided the supporting documentation for the Year 4  
40 AMCS Report?

41 A: Yes. Those are all included in DHA Exhibit 3 – Year 4 AMCS Supporting  
42 Documentation.

43

44 Q: Mr. Schramm, are there any changes in the **srHS** Year 4 AMCS Report  
45 from what the DHA disclosed on June 2, 2008?

46 A: Yes, there were typographical errors in Appendices F, G, and I of the  
47 original report, involving the description of the indicator variables and the  
48 column references in the footnotes. Our labeling was inaccurate; for  
49 example, we transposed the description of the 0,1 indicators used in the  
50 calculations. Correcting the labeling and footnotes does not impact the  
51 calculations. These typographical errors have been corrected in DHA  
52 Exhibit 2.

53

54 Q: Can you describe **srHS**' overall approach to this project?

55 A: Yes. We followed a multi-step process in approaching the Year 4 AMCS.

56 First, we reviewed the Dirigo Health Reform Act, its amendments, and

57 products of the workgroups and committees created through these Public

58 Laws. We developed a list that included those items that impact the

59 health care marketplace. Section 2 of our report discusses several

60 initiatives that were considered and Appendix B summarizes the initiatives

61 noted in the Public Laws.

62

63 Second, we determined which initiatives should be included in the Year 4

64 AMCS by reviewing the progress of each initiative, whether data could be

65 collected to measure the impact, and whether results could be measured

66 at this time. For example, you'll notice there is quite a bit of detail on the

67 progress that the Maine Quality Forum (MQF) has made in Appendix D of

68 our report. At this time, the Year 4 AMCS does not include these efforts

69 due to a lack of data specific to quantifying the MQF's impact.

70

71 Third, we determined a methodology for each of the initiatives by

72 reviewing prior feedback, performing research to find the most suitable

73 methodologies given the initiative and available data, and consulting with

74 other experts.

75

76 Fourth, we calculated savings for each of the initiatives after collecting  
77 data and using the chosen methodology.

78

79 Fifth, we summarized the process and calculations in the Year 4 AMCS  
80 report.

81

82 Q: Can you summarize the results of your AMCS calculations for Year 4?

83 A: The results summarized in DHA Exhibit 4 – Year 4 AMCS Savings  
84 Estimates are as follows:

85	CMAD Savings	\$147.9 million
86	BD/CC Savings	\$ 35.7 million
87	MLR Savings	\$ 6.6 million
88	<u>Overlap</u>	<u>\$ 0.0 million</u>
89	Total	\$190.2 million

90

91 Q: Can you briefly describe these four calculations?

92 A: There are three initiatives for which we calculated savings. The first is  
93 Cost per Case-Mix Adjusted Discharge (CMAD) savings. CMAD savings  
94 measures the hospital savings achieved due to Dirigo requesting that  
95 hospitals limit their rates of cost growth. The second initiative is Bad Debt  
96 and Charity Care (BD/CC) savings, which measures reductions achieved  
97 as more people become insured due to Dirigo. The third and final initiative  
98 is Medical Loss Ratio (MLR) savings, which measures insured member

99 savings achieved due to limits Dirigo placed on insurers' non-medical  
100 expenses. In addition to calculating savings from these three initiatives,  
101 we looked at whether an adjustment is appropriate for any overlap.  
102 Overlap accounts for any double-counting between the three initiatives.

103

104 Q: Did you arrive at these calculations by applying the criteria you described  
105 earlier?

106 A: Yes. We reviewed all of the initiatives and determined what stage  
107 (developing, implementing, monitoring) the initiative was in, whether data  
108 could be collected to measure the impact, and whether results could be  
109 determined at this time. If the data were available, we recommend  
110 including additional initiatives because Dirigo has had such a broad impact  
111 on the health care marketplace in Maine. As data becomes available, we  
112 will include additional initiatives in future AMCS determinations.

113

114 Q: Can you discuss the general methodology used for the calculations?

115 A: Yes. The savings associated with Dirigo is essentially the difference  
116 between what health expenditures would have been in the absence of  
117 Dirigo and what health care expenditures are in the presence of Dirigo.  
118 DHA Exhibit 5 – Maine Health Care Expenditures Comparison  
119 demonstrates this approach in graphical form.

120

121 Calculating the expenditures in the absence of Dirigo involves estimating  
122 what the expenditures would have been if the Dirigo reforms were never  
123 implemented. To do this, we relied on information from other states to  
124 predict what the expenditures would have been. Statistical models that  
125 utilize other states' information were used to predict Maine's trend in the  
126 absence of Dirigo, since the states outside of Maine are now better  
127 predictors of Maine's trends in the absence of Dirigo. This type of  
128 modeling is a new approach for the CMAD and BD/CC calculations this  
129 year. Calculating the expenditures in the presence of Dirigo involves  
130 using the same statistical models to project expenditures in Maine. These  
131 two expenditures, projected expenditures in the absence of Dirigo and in  
132 presence of Dirigo, are then compared to determine whether there are  
133 savings.

134

135 Q: Mr. Schramm, did you attempt to determine what part of the savings are  
136 "recoverable" by the intervenors or what part is appropriate to include in  
137 the Savings Offset Payment (SOP) assessment?

138 A: No. The savings figure does not represent the assessment amount as the  
139 savings determination is only the first step in a multi-step process. The  
140 savings figures provided here are reviewed separately by the Dirigo Board  
141 of Trustees (Board) and the Superintendent of Insurance (Superintendent)  
142 and once that process has concluded, the Board determines an  
143 assessment figure in a separate proceeding. Comparing the savings

144 figure here to the SOP amount that has been assessed in past years is  
145 comparing “apples and oranges” from both a methodological as well as a  
146 process perspective.

147

148 Q: Mr. Schramm, focusing on the first initiative, can you describe the  
149 methodology followed in this year’s CMAD calculations?

150 A: The general methodology involved calculating the CMAD savings as the  
151 difference between an estimate of what the CMAD would have been in the  
152 absence of Dirigo and the CMAD experienced in the presence of Dirigo.  
153 The SFY07 CMAD savings per discharge was then multiplied by SFY07  
154 discharges to determine total CMAD savings for SFY07.

155

156 This general methodology was followed for each of the prior years’ AMCS  
157 calculations. The change for Year 4 focuses on the methodology to arrive  
158 at the estimated CMAD in the absence of Dirigo. This estimate of what  
159 the CMAD would have been in the absence of Dirigo was calculated by  
160 trending the pre-Dirigo Maine CMAD by a benchmark trend developed  
161 from a multiple regression of other states’ CMADs that controls for the  
162 impact of non-Dirigo factors on hospital costs. In other words, the  
163 resulting savings represents those attributable to Dirigo since other factors  
164 are accounted for in the calculation.

165

166 Q: Why wasn’t last year’s methodology followed?

167 A: As the base time period becomes further removed from the projection time  
168 period, the use of Maine’s pre-Dirigo trend in the absence of Dirigo  
169 becomes less indicative of future trends in the absence of Dirigo. Instead,  
170 the multi-state, multivariate approach captures concurrent health care  
171 trends in the absence of Dirigo in states other than Maine and adjusts  
172 them to reflect changes in non-Dirigo influences on Maine’s health care  
173 trend. It thus produces a Maine-specific health care benchmark trend in  
174 the absence of Dirigo using data from a concurrent time period.

175

176 Multi-state, multivariate models are very powerful tools, but they must  
177 have a strong theoretical basis or empirical support for their results to be  
178 meaningful. In this instance, it has already been established, through past  
179 evidence and rulings by the Board and Superintendent, that there is  
180 empirical evidence that Maine hospitals have voluntarily restrained the  
181 rate of growth in CMAD as a result of Dirigo. DHA Exhibit 6 – CMAD  
182 Comparison shows an example of the deflection in CMAD that the  
183 Superintendent confirmed in approving savings in Years 1, 2, and 3. And  
184 DHA Exhibit 7 – Maine Medical Center CMAD Reduction is a quote from a  
185 representative of Maine Medical Center (MMC), one of the largest  
186 hospitals in Maine (MMC represents approximately 20% of hospital  
187 discharges in Maine in 2007), describing how much money their voluntary  
188 compliance with the CMAD limits has saved the Maine health care

189 system. Thus, the regression models being developed to calculate the  
190 benchmark trend in the absence of Dirigo are supported by this evidence.

191

192 If grounded in theory or empirical evidence, regression models become  
193 very powerful tools because of their predictive power and the explanatory  
194 power. As each regression model can vary, the relative predictive and  
195 explanatory powers will vary as well. For CMAD, predictive power can be  
196 thought of as the model's overall ability to accurately project CMAD  
197 expenditures and explanatory power can be thought of as any one given  
198 variable's ability to impact the CMAD value itself. A model that is strong in  
199 predictive power may not be as strong in explanatory power and vice  
200 versa. This is where a firm grounding in theory or existing evidence  
201 becomes essential to help the user to effectively interpret the models'  
202 results.

203

204 The Superintendent recommended Dirigo consider a multi-state,  
205 multivariate analysis for Year 4 for many of the above stated reasons.

206 After much discussion, research, and review, it was concluded that the  
207 multivariate statistical modeling approach was well suited for the SFY07  
208 CMAD savings analysis.

209

210 Q: Mr. Schramm, do you know what the savings from the CMAD calculation  
211 would have been if last year's methodology was used?

212 A: No. We did not recalculate the CMAD using last year's methodology. We  
213 focused our efforts on the new methodology.

214

215 Q: Are the CMAD savings calculated for this year comparable to the savings  
216 approved by the Superintendent in prior years?

217 A: No. Fundamentally, the methodology for estimating the benchmark trend  
218 has changed. Past years' savings approved by the Superintendent were  
219 conservative, proxy estimates as a result of multiple adjustments at the  
220 Board and Superintendent level to try to determine savings attributable to  
221 Dirigo. This year's methodology allows us to count savings directly  
222 attributable to Dirigo, by using regression models that isolate Dirigo's  
223 impact, and are not subject to some of the adjustments required in past  
224 years' calculations.

225

226 To put this year's savings estimate in perspective, the savings generated  
227 by CMAD is a large number; however, it represents less than 1.5 percent  
228 of the total statewide health care expenditures. DHA Exhibit 8 – Maine  
229 Personal Health Care Expenditures, using 2004 data (the most recent  
230 available) trended forward, illustrates this relationship.

231

232 Q: Mr. Schramm, please explain how this new methodology was developed  
233 for Year 4 CMAD savings.

234 A: **srHS** assembled a team of experts to assist it and the Dirigo Health  
235 Agency develop the methodology to determine if SFY07 CMAD savings  
236 existed and if so, how much. As noted in the report, Dr. Ken Thorpe and  
237 Sunstone Consulting assisted **srHS** in the design, development, and  
238 review of the CMAD methodology. Dr. Thorpe was also engaged to  
239 develop the BD/CC methodology.

240

241 The team initially decided upon using a sample of comparison states to  
242 develop the benchmark trend. To assist **srHS** in gathering the regression  
243 dataset for the comparison states, Dr. Thorpe provided **srHS** with an initial  
244 set of recommended regression variables. Dr. Thorpe also provided **srHS**  
245 with the type of variables to be used for a clustering analysis to determine  
246 the comparison states to be used in developing the benchmark trend.

247

248 Upon review of the dataset developed based on the initial regression  
249 variables and the limited number of observations associated with a  
250 clustering analysis, Dr. Thorpe also recommended we develop a  
251 regression dataset for the entire universe of hospitals in the United States  
252 (US), thus eliminating some of the concerns associated with any clustering  
253 bias. Comparing the US hospitals and the clusters to Maine for Pre- &  
254 Post-Dirigo trends illustrates that Maine's trend reduction was greater  
255 (DHA Exhibit 9 – CMAD Pre- v. Post-Dirigo Trend Comparison).

256

257 Q: What do you mean by clustering bias?

258 A: In any regression modeling, there are a series of decision points about the  
259 structure of your model and the assumptions within your model. Each of  
260 these decision points involves trade-offs that are meant to balance the  
261 regression model's predictive capabilities in aggregate with the predictive  
262 capabilities attributable to any particular independent variable. In the  
263 example of clustering, there are multiple reasonable approaches to  
264 clustering that could drive different comparison state clusters. To avoid  
265 any appearance of bias, appropriate approaches to clustering must justify  
266 the clustering variables chosen and their relationship to the dependent  
267 variable in question in order to be valid. In fact, **srHS** developed two  
268 cluster analyses using this approach; Cluster 1 is a hierarchical clustering  
269 approach using the relationship of states along the initial regression  
270 variables, and Cluster 2 is a clustering approach that uses the relationship  
271 of states along the initial regression variables as well as some key  
272 indicators of the states' health care marketplace. For Cluster 1, we  
273 essentially looked at the value of the regression variables, variable-by-  
274 variable, and identified the cluster of states that consistently had similar  
275 values to Maine. Cluster 2 used a similar approach but also included  
276 some higher level comparison variables from the entire health care  
277 marketplace in each state. The use of clustering is not without tradeoffs,  
278 however, including substantially reducing the number of observations and  
279 the possibility of differing clusters. Thus, Dr. Thorpe recommended we

280 also complete a regression model based on the universe of hospitals in  
281 the US.

282

283 Q: So you used multiple approaches to determine the savings estimates in  
284 Appendix G?

285 A: Most certainly, because as I've mentioned previously, there are multiple  
286 approaches to any regression modeling. We've chosen a combination of  
287 approaches that are reasonable in terms of the development of the  
288 methodology, each model's predictive capability, and their explanatory  
289 capabilities.

290

291 Q: I would like to direct your attention to DHA Exhibit 10 – Year 4 AMCS  
292 Summary of CMAD Calculations. Please describe what this Exhibit is and  
293 what it shows.

294 A: This is a table that summarizes our CMAD calculation results. It is  
295 contained in Appendix G of our report. Columns I, II, and III in the Exhibit  
296 are simple tabulations to determine if savings do exist using the baseline  
297 data compiled for the US, Northeast, and Maine. These simple  
298 tabulations do not involve any sophisticated modeling techniques and are  
299 used to determine if the data warrants further, more sophisticated  
300 regression analysis. The first two columns (I and II) express savings using  
301 an adjusted historical control method. Using the US and Northeast as  
302 control groups, we adjusted for the relationship between their and Maine's

303 pre-Dirigo time period trends and used that as a benchmark for what the  
304 trend would have been in Maine in the absence of Dirigo for the post-  
305 Dirigo time period. Column III expresses savings using the historical  
306 control method. That is, Maine's pre-Dirigo trend is used as a benchmark  
307 for what the trend would have been in Maine in the absence of Dirigo in  
308 the post-Dirigo time period. The results of the tabulation do show that  
309 Maine's post-Dirigo trend reduction is greater than that for the US or the  
310 Northeast.

311

312 The last three columns use the more sophisticated multi-state, multivariate  
313 regression models that can control for differences among states and have  
314 much more accurate predictive and explanatory power in developing the  
315 benchmark trend in the absence of Dirigo. Column IV uses US hospital  
316 level data to fit a regression model using the independent variables  
317 described in the report, which, because it represents the universe of  
318 hospital experience in the US, the model will have good predictive power.  
319 Columns V and VI use state level aggregated hospital data for two cluster  
320 groups of states to fit regression models using the independent variables  
321 stated in the report, which, because these states will have been similar to  
322 Maine pre-Dirigo, the model will have strong explanatory power. For each  
323 of these three columns, savings are calculated by the difference between  
324 the fitted values for SFY07 CMAD in the absence of Dirigo versus in the  
325 presence of Dirigo.

326

327 Q: Mr. Schramm, how were the variables selected to use in the regression  
328 analysis for CMAD?

329 A: Dr. Thorpe recommended we use the following variables that are  
330 commonly used in hospital cost analyses: teaching intensity, case mix,  
331 wage index, number of hospital beds, urban/rural location, mix between  
332 types of payors, as well as demographic adjusters. For each of the three  
333 regression models, we use the unique combination of these variables that  
334 has the greatest predictive and explanatory power as measured by their  
335 regression statistics. Again, as each model uses different approaches and  
336 datasets, each model will have a slightly different variable set that has the  
337 greatest predictive power or explanatory power for that particular  
338 approach and dataset.

339

340 Q: Mr. Schramm, what do you mean by predictive power versus explanatory  
341 power?

342 A: Health economists use a variety of statistics generated by regression  
343 modeling to analyze the strength of the model in establishing the overall  
344 predicted relationship between the independent variables and dependent  
345 variables and the relative explanatory power of any one independent  
346 variable. There are several key statistics to be considered when  
347 examining the predictive power of any given regression model:

348 R-squared – Also known as the coefficient of determination, the R-  
349 squared statistic measures the proportion of variability in the  
350 dependent variable (CMAD) that is explained by the fitted  
351 regression model.

352 t-statistic – The t-statistic measures how far from zero the estimated  
353 coefficient of an independent variable is. The larger in absolute  
354 magnitude the t-statistic is, the stronger the relationship between its  
355 associated independent variable and the dependent variable.

356 p-value – The p-value associated with the estimated coefficient of an  
357 independent variable is the probability of obtaining a value at least  
358 as extreme as the t-statistic that was actually observed, given that  
359 the null hypothesis is true. The lower the p-value, the likelier that  
360 the null hypothesis (that the true value of the coefficient is non-  
361 negative) is false.

362 F-statistic – The F-statistic is used to decide whether the regression model  
363 as a whole has statistically significant predictive capability. That is,  
364 whether the proportion of variation in the dependent variable is big  
365 enough, considering the number of independent variables needed  
366 to achieve it.

367

368 We looked at the output from each of the models for these statistics and  
369 reviewed each one them and what they told us individually and collectively  
370 about each model's predictive and explanatory powers.

371

372 Thus, no single statistic can be used in isolation when considering the  
373 results of a regression model, nor can one ignore the impact that the  
374 structure of the model itself has on the predictive or explanatory power.

375 As mentioned earlier, the results must be interpreted using existing, sound  
376 theories on the relationships being examined or other known facts or  
377 considerations; otherwise the results have little or no meaning. In this  
378 instance, it has already been established through past proceedings of the  
379 Board and Superintendent that Maine hospitals have voluntarily restrained  
380 the rate of growth in CMAD as a result of Dirigo. As a result, the  
381 regression models being developed to calculate the benchmark trend in  
382 the absence of Dirigo are supported by this empirical evidence.

383

384 Q: So what did your regression models, supported by the evidence presented  
385 in past AMCS proceedings, determine for CMAD savings for SFY07?

386 A: The savings estimate for SFY07 for CMAD is \$147.9 million.

387

388 Q: Mr. Schramm, you've testified that you developed three regression models  
389 during your analysis. How were the results of these models combined to  
390 determine a single final savings amount for CMAD for SFY07?

391 A: We applied a 75 percent credibility factor to the US-Hospital Level  
392 analysis (column IV on DHA Exhibit 10) and a 25 percent credibility factor  
393 to the Cluster 1 – State Level analysis (column V on DHA Exhibit 10) and

394 a 0 percent credibility to the Cluster 2 – State Level analysis (column VI on  
395 DHA Exhibit 10). The credibility factors reflect the relative strengths and  
396 weaknesses of the three models. The US-Hospital Level analysis was  
397 accorded 75 percent credibility as it is based on the complete universe of  
398 hospital experience and so is not subject to sampling bias. It has strong  
399 overall predictive value. The Cluster 1 analysis is accorded 25 percent  
400 credibility because while it is derived from the regression variables and  
401 thus identifies the comparison states by those that were similar to Maine,  
402 (these states should then be excellent indicators of the trend in Maine in  
403 the absence of Dirigo for the post-Dirigo time period) it could be  
404 considered to be subject to clustering bias. Cluster 2 was accorded 0  
405 percent credibility because the final savings estimate, while the highest,  
406 was inconsistent with evidence presented in past AMCS proceedings.

407

408 Q: Help us put that in perspective. Can you give us some indication of the  
409 relative predictive and explanatory power of your three models?

410 A: Let's look at DHA Exhibit 11 – US Hospital Regression Output. The US-  
411 Hospital Level analysis (column IV) has an R-squared of 43 percent.  
412 Typical social sciences models with R-squared values above 20 percent  
413 are described as having good predictive power, so our US hospital model  
414 has good predictive power about what the trend would be in the absence  
415 of Dirigo. The t-statistic corresponding to Dirigo is -0.14. Since our  
416 hypothesis is that Dirigo has a negative impact on cost per CMAD, for the

417 associated one-tailed t-test, t-statistics less than approximately -1.6 are  
418 considered statistically significant at a 5 percent significance level. This  
419 means that this model is inconclusive about whether the reduction in trend  
420 is attributable to Dirigo, so it is inconclusive in its explanatory power. The  
421 p-value attributable to Dirigo is 0.45 (.8916/2 for a one-tailed test). This  
422 means that there is a 45 percent chance that the savings attributable to  
423 Dirigo are positive and the estimate from the model for savings is \$119.4  
424 million.

425

426 Now let's look at DHA Exhibit 12 – Cluster 1 Regression Output. Cluster 1  
427 – State Level analysis (column V) has an R-squared of 98 percent. The t-  
428 statistic attributable to Dirigo is -1.64. This means that this model is  
429 conclusive – the reduction in trend is attributable to Dirigo and therefore  
430 the model has very strong explanatory power in telling us what has  
431 impacted CMAD. The p-value attributable to Dirigo is .055 (.1097/2 for a  
432 one-tailed test). This means that there is a 95 percent chance that the  
433 savings are attributable to Dirigo and the model estimates the savings to  
434 be \$233.4 million.

435

436 Q: Mr. Schramm, turning now to the second initiative, BD/CC savings, can  
437 you describe the basic methodology for calculating the BD/CC savings for  
438 Year 4?

439 A: The BD/CC savings reflects the health care expenditures that are no  
440 longer “uncompensated” due to the additional people now insured in  
441 Maine due to Dirigo. The approach compares the rate of uninsurance in  
442 the absence of Dirigo to the rate of uninsurance in the presence of Dirigo.  
443 The difference between these rates represents those people now insured  
444 due to Dirigo. All of the Dirigo initiatives have contributed to more people  
445 being insured now due to the multiple impacts of the reforms. The rate of  
446 uninsurance in the absence of Dirigo is estimated several ways in Dr.  
447 Thorpe’s report (Appendix I of the **srHS** report, DHA Exhibit 2).

448

449 Q: Can you explain why this methodology for calculating BD/CC is different  
450 than what was followed in the Year 3 AMCS Report?

451 A: After consulting with Dr. Thorpe and reviewing the research he has done  
452 in this area, we decided that the best approach to estimate the  
453 uninsurance rate in the absence of Dirigo, was to use a multi-state,  
454 multivariate statistical model. As with the CMAD calculation, too many  
455 years have gone by since Dirigo was enacted to be able to use pre-Dirigo  
456 trends to predict what the uninsurance rate would currently be in Maine in  
457 the absence of Dirigo.

458

459 In addition, our approach in last year’s report strictly analyzed the  
460 expenditures for people now enrolled in the DirigoChoice program or the  
461 MaineCare Expansion program. This year, we take a much more global

462 approach because the Dirigo reforms touched all market segments  
463 (individual, small, and large group insurance) and decreased the premium  
464 trends statewide, making insurance more affordable and therefore, raising  
465 the rate of those insured. Refer to DHA Exhibit 13 – Health Insurance  
466 Premiums Comparison of Maine and the US, Appendix C in our report,  
467 which graphically shows a reduction in the rate of increase of the Maine  
468 premiums since Dirigo.

469

470 Q: Does that explain why the savings number is so much larger this year,  
471 than in prior years?

472 A: Absolutely. The reason is linked back to the approach and the  
473 methodology. We are taking a much more global view in Year 4 by  
474 incorporating all of the impacts that Dirigo has had on the marketplace in  
475 Maine, since Dirigo has driven down the rate of growth of health care  
476 expenditures in Maine. You can see in reviewing Section 2 and  
477 Appendices B through D of our report that Dirigo impacted all insurance  
478 markets, not just the DirigoChoice and MaineCare Expansion Parents  
479 populations.

480

481 Q: Mr. Schramm, please explain how this new methodology is a reasonable  
482 methodology for Year 4 BD/CC savings.

483 A: This new methodology calculates the reduction in BD/CC in the total  
484 Maine health care marketplace. It uses a multi-state approach that allows

485 us to calculate a Maine uninsurance rate in the absence of Dirigo based  
486 on other states. Additionally, using a multivariate model allows us to  
487 control for non-Dirigo related changes that may have an impact on the rate  
488 of uninsurance. The savings is calculated by using the estimated amount  
489 of BD/CC incurred if the additional people insured would have stayed  
490 uninsured.

491

492 Q: Is it appropriate to use last year's methodology?

493 A: No. It does not truly reflect the total impact Dirigo has had on the Maine  
494 health insurance marketplace. This year's approach is straight-forward  
495 and reflects all of the additional people insured in the total Maine health  
496 care market due to the multiple efforts of Dirigo. Reducing the number of  
497 uninsured in Maine reduces the need for cost-shifting due to BD/CC and  
498 results in savings available to the system. Using last year's approach  
499 understates the impact of Dirigo on the total health care marketplace and  
500 therefore underestimated the total savings available to the system.

501

502 Q: Turning now to the third and final initiative, did your firm calculate the  
503 savings associated with the MLR initiative?

504 A: No. The MLR calculation is done by the insurer and submitted to Maine's  
505 Bureau of Insurance. The methodology for this calculation involves a  
506 comparison of the ratio of medical expenditures over premiums to MLR  
507 targets outlined in the Dirigo laws. If the ratio is less than the target,

508 money is paid back (i.e., refunds) to the insured members because the  
509 insurer made too much money according to the target.

510

511 Q: Can you explain why the MLR savings were included this year?

512 A: Certainly. The first year that refunds were awarded to insured members  
513 due to Dirigo was 2008. These refunds would not have existed if Dirigo  
514 was never signed into law because it is the Dirigo Public Law 2003,  
515 Chapter 469 (E) that required the insurers to submit this information, the  
516 Bureau of Insurance to review it, and the insurers to provide refunds when  
517 the targets are not met.

518

519 Q: Mr. Schramm, you mentioned earlier that you looked for overlap between  
520 the initiatives. Did you make any adjustments to the savings you  
521 calculated for the three initiatives because of overlap?

522 A: No. We determined that no adjustment is needed to account for overlap  
523 of the above calculations.

524

525 Q: Last year you recommended an adjustment for overlap. Why did you not  
526 make one this year?

527 A: Overlap is directly linked to the methodologies employed by each of the  
528 AMCS calculations; if the AMCS methodologies change, the overlap  
529 methodology changes.

530

531 Last year's overlap was between CMAD and BD/CC. This year there is no  
532 overlap because the BD/CC savings in the Year 4 analysis includes only  
533 those costs, charges, and discharges that would have existed in the  
534 absence of Dirigo as well as in the presence of Dirigo. Last year's overlap  
535 was based on the additional expenditures expected when someone  
536 becomes insured – these have not been included in the CY08 BD/CC  
537 calculation, so there is no overlap.

538 Q: Do you adopt as part of your testimony the Exhibits you discussed, DHA  
539 Exhibits 1 through 13?

540 A: Yes. I do.